



Worksheet: Daily Routine Vocabulary & Phrases

Name _____ Date _____

Section 1: Vocabulary Match-Up

Match the daily routine words on the left with the correct descriptions underneath.

1. Wake up
2. Take a shower
3. Brush my teeth
4. Get dressed
5. Eat breakfast
6. Go to work/school
7. Eat lunch
8. Go home
9. Eat dinner
10. Go to bed

A. To clean your teeth with a toothbrush. B. To get out of bed in the morning. C. To travel to your job or place of study. D. To put clothes on your body. E. To return to your house. F. To have the first meal of the day. G. To wash your body with water. H. To have a midday meal. I. To go to sleep for the night. J. To have the last meal of the day.

Section 2: Fill in the Blanks

Complete the sentences using the vocabulary words from the list below.

- brush
- get
- wake
- go
- eat
- take

1. I always _____ up early at 6:00 AM.

2. After I _____ a shower, I feel refreshed.
3. I need to _____ my teeth before I leave.
4. I _____ dressed in my uniform for school.
5. I like to _____ breakfast with my family.
6. We _____ to school by bus every day.

Section 3: Answer the Questions

Answer the questions about your own daily routine using complete sentences.

1. What time do you usually wake up?
2. What do you do after you wake up?
3. What do you have for breakfast?
4. How do you go to school or work?
5. What do you do in the evening?
6. What time do you usually go to bed?

Section 4: Daily Routine Story

Read the short story and underline all the daily routine phrases you find.

"My name is Alex, and here is my daily routine. I wake up at 7:00 AM every day. First, I brush my teeth and wash my face. Then, I get dressed in my favorite clothes. At 7:30 AM, I eat breakfast with my sister. After breakfast, we go to school together. In the afternoon, I do my homework, and then I play with my friends. At 6:00 PM, my family and I eat dinner. Before I go to bed at 9:00 PM, I read a book."

Worksheet Answers

Section 1: Vocabulary Match-Up

1. B
2. G
3. A
4. D
5. F
6. C
7. H
8. E
9. J
10. I

Section 2: Fill in the Blanks

1. wake
2. take
3. brush
4. get
5. eat
6. go

Section 3: Answer the Questions

- Answers will vary based on the student's personal routine.

Section 4: Daily Routine Story

- wake up
- brush my teeth
- wash my face
- get dressed
- eat breakfast
- go to school
- do my homework
- play with my friends
- eat dinner
- go to bed

- **read a book**